

Built in contemporary Thai style, Yoga House offers spacious bedrooms, elegant living spaces, a sparkling pool and Yoga Shala in a serene and private setting.

Beautifully integrated with the pristine surroundings, it is set beside coconut palms and a forest and is surrounded by a tranquil stream that is fed from the Phaeng Waterfall.

Yoga House is located in an area known as Bai Nai Suan, a mere 2 kilometer from Tongsala with its pier, markets and buzzing nightlife yet far enough to enjoy the peace and quiet of the forests...

Explore a different beach every day, cycle the small forest roads, or just relax next to the pool!







## Accommodation

The accommodation is fresh and comfortable and all rooms have private entrances.





Room 1: Master suite with loft, en -suite, AC and roof fan
Room 2: Single en-suite with AC and roof fan
Room 3: Double en-suite with AC and roof fan
Room 4: Double en-suite with fan
Room 5: Twin room with fans, sharing bathroom
Room 6: Twin room with fans, sharing bathroom

















## Yoga Shala

The Yoga House Shala is set up in the loft, a sacred sanctuary for the practice of Yoga and Meditation. The communal lounge can also be set up for Yoga practice on request.

The Shala is equipped with mats, straps, blocks, props, blankets and fresh sweat towels daily















## Spaces to relax

The lounge area opens up to the outside verandah and provides a luxuriously breezy space to gather and share

Dining facilities is on the verandah overlooking the pool and garden.

The beautifully manicured garden extends to the river's edge, with hammocks and scattered in quiet corners to relax and rejuvenate.























## Yoga House Kitchen

Yoga House offers self-catering or catering can be arranged. we cater for all needs including raw foods, juicing and smoothies.









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